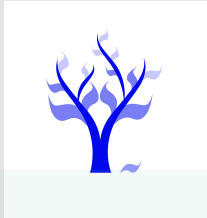


Kingston Bereavement Service

Annual Report 2016-17



What have we done this year?

We continue to provide a highly specialist bereavement service for adults, young people and children who have been bereaved in the borough by providing one to one counselling, group work, training/outreach and working in partnership with other agencies, health professionals and schools.

VOLUNTEER COUNSELLORS

We have an amazing team of volunteer counsellors, with 24 counsellors working for the Adult Service and 9 working for the Saying Goodbye Project



Adult Service Bereavement Project



We received 441 referrals, a 40% increase on last year.



We carried out 317 assessments.



We ran 4 support groups throughout the year.



We delivered almost 2000 counselling hours.



207 clients completed therapy.



We recruited 6 new counsellors.

Saying Goodbye Project



We received 100 referrals.



We are entering our tenth year of supporting bereaved children and young people.



Demand for our service increased by 14%.



We delivered training to 66 professionals.



16% of those we helped were over 16, 42% were from Secondary schools, 40% were from Primary schools and 2% were of pre-school age.

Schools
Counselling
Children
Referral Teachers

How we have helped.....

'A sceptic to counselling, I would now fully recommend it. Couldn't improve the amazing experience.'

'An excellent service is provided here in a safe and friendly environment.'

'An incredibly supportive experience, it was really insightful, sad to finish as it was a safe and valuable experience.'



How we have helped.....

'I didn't like talking about it but now I feel more confident talking!'

'It was nice to have someone to talk to and I enjoyed creating things such as the memory box.'

'He is able to talk more and recall happy memories.'



With grateful thanks to the organisations which provided much needed support for our work in 2016/17.



Big Lottery Fund

Company of Actuaries - 29 May Charitable Trust

Kingston Clinical Commissioning Group



Kingston Nursing Association

Marsh Christian Trust

Richmond Borough Council



The Royal Borough of Kingston upon Thames



'Grief is as individual as a snowflake'