

Further Reading

For Young Children

Badgers Parting Gifts, Susan Varley 1994 –The story of animals remembering their friend who has died.

Waterbugs and Dragonflies, Doris Stickney 2002 – Explaining death to young children.

I Miss You, Pat Thomas 2000 – A first look at death for younger children. Also can be used with older children, nicely presented in a simple format. It includes a section at the back for adults on how to best use the book. An excellent educational book, which could be used as a starting point for discussion.

The Huge Bag of Worries, Virginia Ironside 1996 - A little girl is helped by her Grandmother to know that she doesn't have to worry about everything all the time.

Muddles, Puddles and Sunshine, - Winston's Wish and Kate Shepherd 2000 - A workbook of activities for younger children

When Someone Very Special Dies, Marge Heegard 1991 - Another workbook for children and adults to use together.

The Best Day of the Week, Hannah Cole (1997) Walker Books Ltd - Angela and Carole always spend Saturdays with their grandparents. Their granny becomes ill and dies, and the book shows the family coping and managing to have fun, while still remembering her.

What on earth do you do when someone dies?, Trevor Romain and Elizabeth Verdick 1999 - Describes the overwhelming emotions involved when a loved one dies, and discusses how to cope.

For Older Children and Teenagers

Straight Talk About Death for Teenagers: How to Cope with Losing Someone You Love, Earl Grollman 1999 - Specifically for older children and teenagers, this gives clear simple descriptions of the feelings and experiences that they may be going through.

Finding a Way Through When Someone Close Has Died, Pat Mood and Lesley Whittaker 2001 - A workbook written by young people for young people.

Healing Your Grieving Heart – 100 tips for teenagers', Alan D. Wolfelt - Useful self-help strategies for older children and teenagers.

Out of the Blue, Julie Stokes and Paul Oxley, Winston's Wish - A useful guide for older children and young people explaining about the grieving process and how it may be impacting on their lives.

For People Supporting Bereaved Children

Grief in Children – a Handbook for Adults, Atle Dyregrov 1991, Jessica Kingsley Publishing - A useful overview of childhood bereavement.

Brief Interventions with Bereaved Children, B Munroe and F Kraus (eds) 2004, OUP - Explains the theoretical and practical aspects of working with bereaved children and their families. Contributions are from experts in the field of childhood bereavement.

Beyond the Rough Rock: Supporting a Child Who Has Been Bereaved Through Suicide, Diana Crossley and Julie Stokes 2001, Winston's Wish - An information booklet offering practical advice for families where someone has died by suicide, aiming to give parents and professionals the confidence to involve children in discussions about the nature of death by suicide. Includes activities for the child to do with the family to start making sense of what has happened.

Talking About Death: a Dialogue Between Parent and Child, Earl Grollman 1991, Beacon Press - This guide to helping children cope with death includes an illustrated, read-along story, and discusses coping with a child's anger, denial, or guilt, and how to discuss funerals, cemeteries, and grief. It includes advice from parents and acknowledges that they may be grieving too.

Schools and Social Care Settings

Grief in School Communities: Effective Support Strategies, Louise Rowling 2003, OUP - This book aims to help individuals and school communities to create environments in which grief, while a difficult experience, is seen as a normal life event. It demonstrates the components in a school that can be used to support grieving individuals in times of personal crisis and to support whole school communities when traumatic incidents occur.

Childhood Bereavement: Developing the Curriculum and Pastoral Support, Gill Frances and Nina Job 2004, National Children's Bureau - Covering areas in the curriculum where death and bereavement can be introduced, this book also discusses ways of supporting bereaved pupils. It draws on good practice from a variety of schools, including a special school, and gives a selection of lesson plans.

The Forgotten Mourners. Guidelines for Working with Bereaved Children, Susan C Smith 1999, Jessica Kingsley Publishers - Aimed at teachers and social workers, this book outlines children's grieving at different ages, discusses secondary losses and outlines some of the useful techniques which the adults around them can use in support.